

Exploration in RL

Deep Reinforcement Learning

Mohammad Hossein Rohban, Ph.D.

Courtesy: Some slides are adopted from CS 285 Berkeley, and CS 234 Stanford, and Pieter Abbeel's compact series on RL.

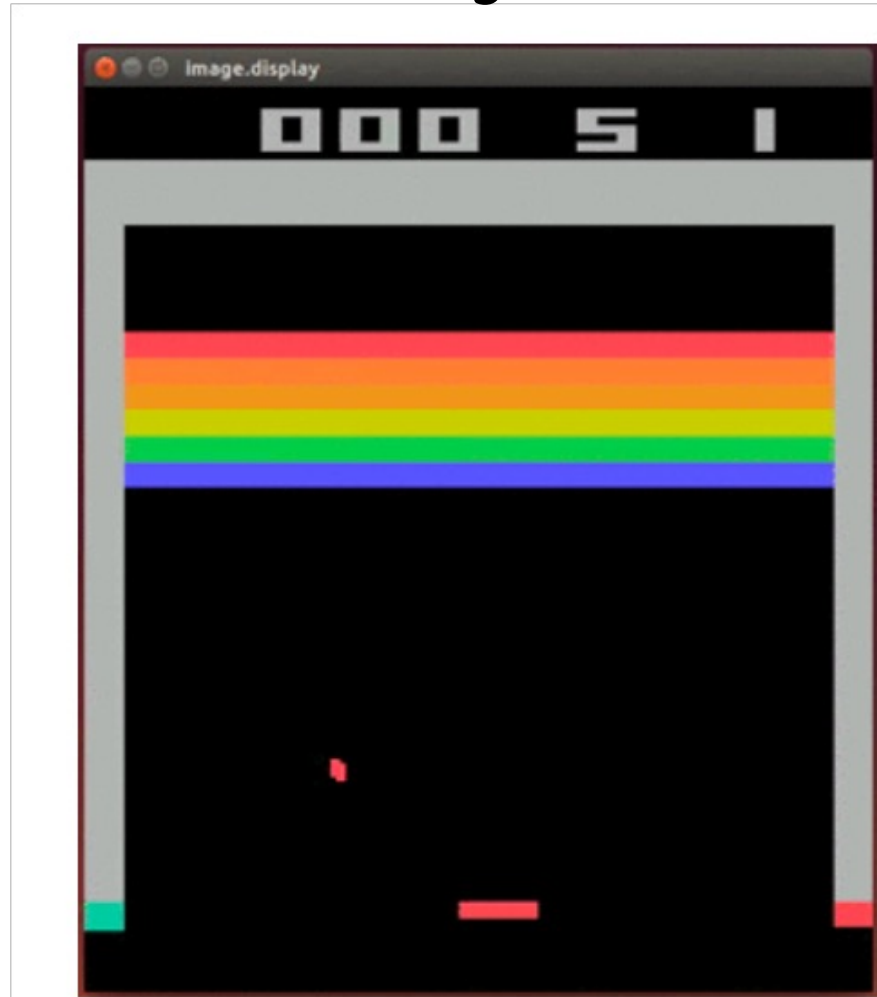


RIML Lab, CE Department, Sharif
University of Technology

Spring 2026

What's the problem?

this is easy (mostly)



Why?!

this is impossible



Montezuma's revenge

- ♦ Getting key = reward
- ♦ Opening door = reward
- ♦ Getting killed by skull = nothing (is it good? bad?)
- ♦ Finishing the game only weakly correlates with rewarding events
- ♦ We know what to do because we understand what these sprites mean!



Why exploration can be difficult?

- ♦ Temporally extended tasks like Montezuma's revenge become increasingly difficult based on
 - ✓ How extended the task is
 - ✓ How little you know about the rules
- ♦ Lets' assume a complex task
 - ✓ Consisting of multiple sub-task, each is a prerequisite for the next sub-task.
 - ✓ Each should be solved in a sequence to get a high reward
 - ✓ Epsilon greedy does not obviously help:
 - ✓ Suppose you mastered up to the k^{th} sub-task.
 - ✓ You have to exploit up to the k^{th} task and then explore onwards.
 - ✓ Now the chance to only explore in the sub-task $(k+1)$ is $(1 - \epsilon)^{O(k)} \epsilon^{O(1)}$.
 - ✓ For $\text{eps} = 0.1$, $k = 5$, this is $\sim 6\%$. For $\text{eps} = 0.5$, this is $\sim 3\%$.

Exploration and exploitation

- ♦ Two potential definitions of exploration problem:
 - ☑ How can an agent **discover** high-reward strategies that require a temporally extended sequence of complex behaviors that, individually, are not rewarding?
 - ☑ How can an agent decide whether to **attempt new behaviors** (to discover ones with higher reward) or continue to do the best thing it knows so far?

Optimal Exploration?

- ✦ Bayesian model of the environment. (POMDP with belief state)
- ✦ Optimize the expected reward under **all uncertainties**.
- ✦ Requires knowledge of **state dynamic distribution class**, the **prior**, and **maintaining the belief state**.
- ✦ Here we seek **simpler** solutions which could be extended to more **complex** scenarios.
- ✦ Compare the regret in such models against the Bayes' optimal approach.

$$Reg(T) = TE[r(a^*)] - \sum_{t=1}^T r(a_t)$$

Expected Reward of best action

Actual reward of action actually taken

Bandits

- ♦ Solving the POMDP yields the optimal exploration strategy
- ♦ But that's overkill: belief state is huge!
- ♦ We can do very well with much simpler strategies

assume $r(a_i) \sim p_{\theta_i}(r_i)$

e.g., $p(r_i = 1) = \theta_i$ and $p(r_i = 0) = 1 - \theta_i$

$\theta_i \sim p(\theta)$, but otherwise unknown

this defines a POMDP with $\mathbf{s} = [\theta_1, \dots, \theta_n]$

belief state is $\hat{p}(\theta_1, \dots, \theta_n)$

how do we measure goodness of exploration algorithm?

regret: difference from optimal policy at time step T :

$$Reg(T) = TE[r(a^*)] - \sum_{t=1}^T r(a_t)$$

Optimistic exploration

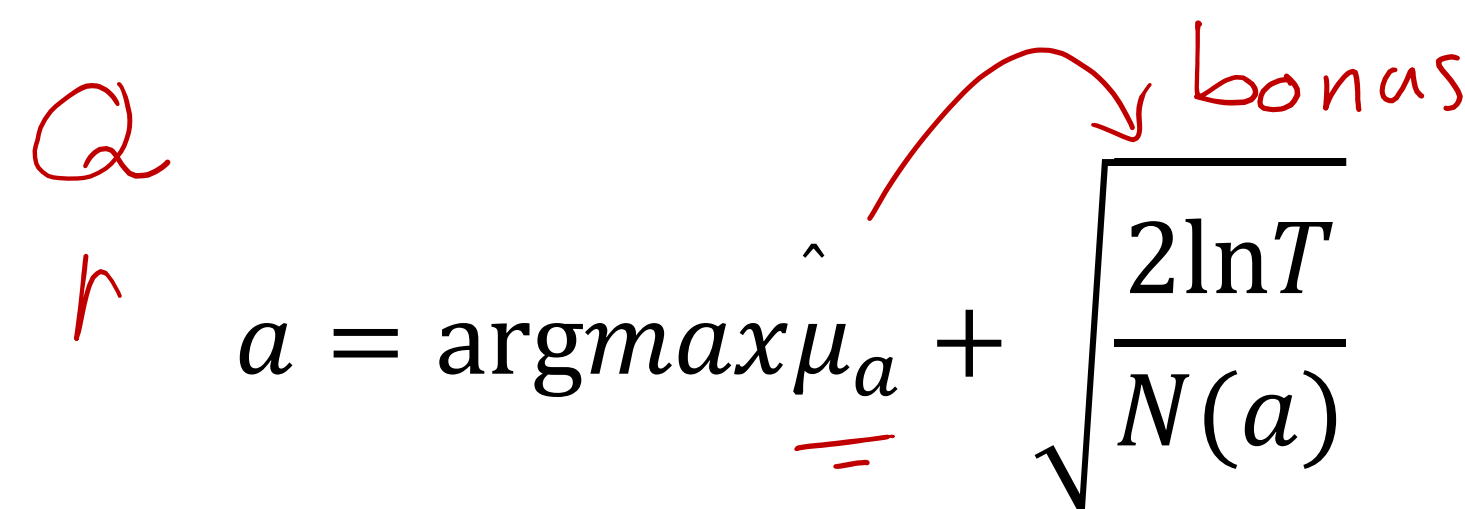
keep track of average reward $\hat{\mu}_a$ for each action a

exploitation: pick $a = \operatorname{argmax}_a \hat{\mu}_a$

optimistic estimate: $a = \operatorname{argmax}_a \hat{\mu}_a + C\sigma_a$) σ_a is small some sort of variance estimate)

♦ intuition: try each arm until you are sure it's not great

example (Auer et al. Finite-time analysis of the multiarmed bandit problem):


$$a = \operatorname{argmax}_a \hat{\mu}_a + \sqrt{\frac{2\ln T}{N(a)}}$$

($N(a)$ is number of times we picked this action)

$\operatorname{Reg}(T)$ is $O(\log T)$, provably as good as any algorithm

Probability matching/posterior sampling

- ♦ This is called posterior sampling or Thompson sampling
- ♦ Harder to analyze theoretically
- ♦ Can work very well empirically
- ♦ See: Chapelle & Li, “An Empirical Evaluation of Thompson Sampling.”

assume $r(a_i) \sim p_{\theta_i}(r_i)$

this defines a POMDP with $\mathbf{s} = [\theta_1, \dots, \theta_n]$

belief state is $\hat{p}(\theta_1, \dots, \theta_n)$

this is a model of our bandit

idea: sample $\theta_1, \dots, \theta_n \sim \hat{p}(\theta_1, \dots, \theta_n)$

pretend the model $\theta_1, \dots, \theta_n$ is correct

take the optimal action

update the model



Information gain

♦ Bayesian experimental design:

✓ say we want to determine some latent variable Z (e.g., Z might be the optimal action, or its value)

✓ which action do we take?

✓ let $\mathcal{H}(\hat{p}(z))$ be the current entropy of our Z estimate

✓ let $\mathcal{H}(\hat{p}(z)|y)$ be the entropy of our Z estimate after observation y (e.g., y might be $r(a)$)

✓ the lower the entropy, the more precisely we know Z

$$✓ IG(z, y) = E_y[\mathcal{H}(\hat{p}(z)) - \mathcal{H}(\hat{p}(z)|y)]$$

✓ typically depends on action, so we have $IG(z, y|\underline{a})$

Information gain example

$$IG(z, y|a) = E_y[\mathcal{H}(\hat{p}(z)) - \mathcal{H}(\hat{p}(z)|y)|a]$$

how much we learn about z from action a , given current beliefs

Example bandit algorithm:

Russo & Van Roy “Learning to Optimize via Information-Directed Sampling”

$y = r_a, z = \theta_a$ (parameters of model $p(r_a)$)

$g(a) = IG(\theta_a, r_a|a)$ -- information gain of a

$\Delta(a) = E[r(a^*) - r(a)]$ -- expected suboptimality of a

choose a according to $\operatorname{argmin}_a \frac{\Delta(a)^2}{g(a)}$

General themes

♦ UCB:

$$a = \operatorname{argmax}_a \hat{\mu}_a + \sqrt{\frac{2 \ln T}{N(a)}}$$

♦ Thompson sampling:

$$\theta_1, \dots, \theta_n \sim \hat{p}(\theta_1, \dots, \theta_n)$$

$$a = \operatorname{argmax}_a E_{\theta_a}[r(a)]$$

♦ Info gain:

$$IG(z, y|a)$$

♦ Most exploration strategies require some kind of uncertainty estimation (even if it's naïve)

♦ Usually assumes some value to new information

✓ Assume unknown = good (optimism)

✓ Assume sample = truth

✓ Assume information gain = good

Stochastic Process

$$P(Q) = P(Q(s_1, a_1), Q(s_2, a_2), \dots)$$

$Q(a)$

$$Q(\underline{a_1}) \quad Q(\underline{a_2}) \quad \dots \quad Q(\underline{a_k})$$

$\underline{H/s, a} \quad Q(s, a)$

Optimistic exploration in RL

$$\spadesuit \text{ UCB: } a = \operatorname{argmax} \hat{\mu}_a + \sqrt{\frac{2\ln T}{N(a)}}$$

$N(a)$ is exploration bonus. lots of functions work, so long as they decrease with $N(a)$

✦ can we use this idea with MDPs?

count-based exploration: use $N(\mathbf{s}, \mathbf{a})$ or $N(\mathbf{s})$ to add exploration bonus

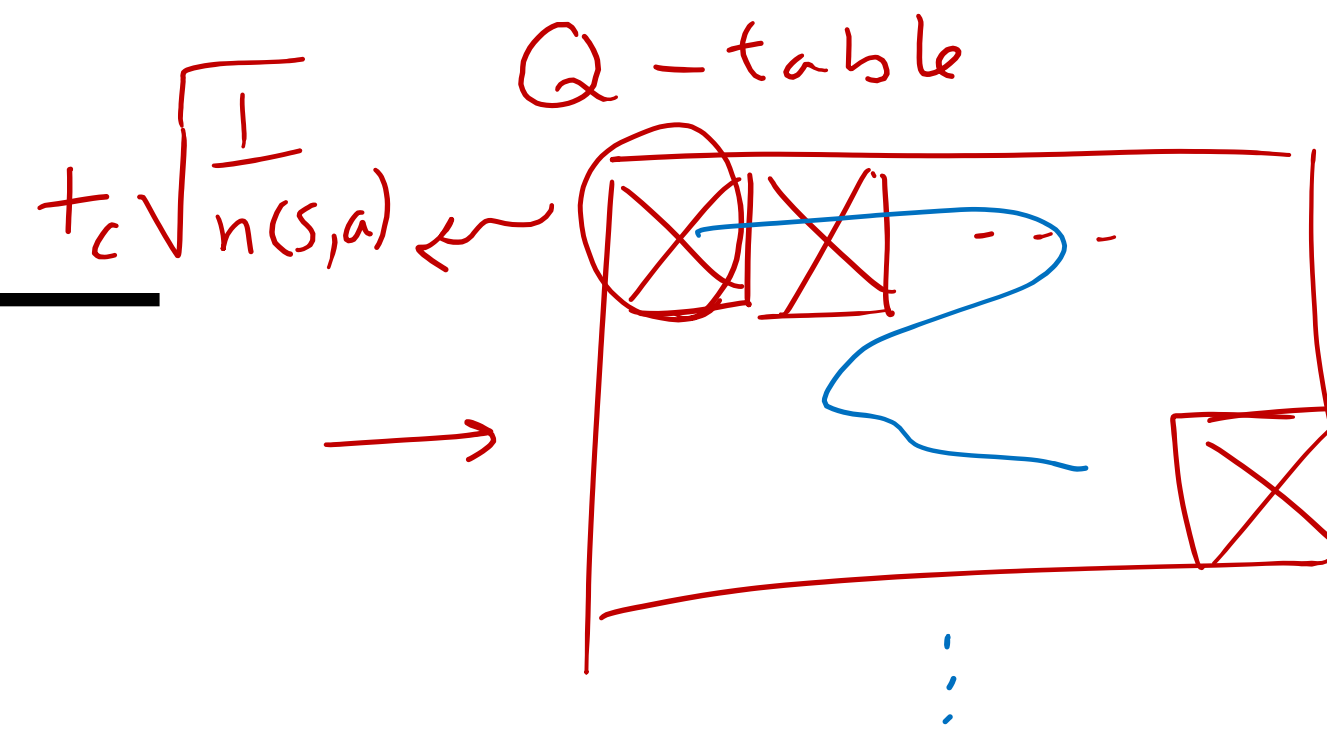
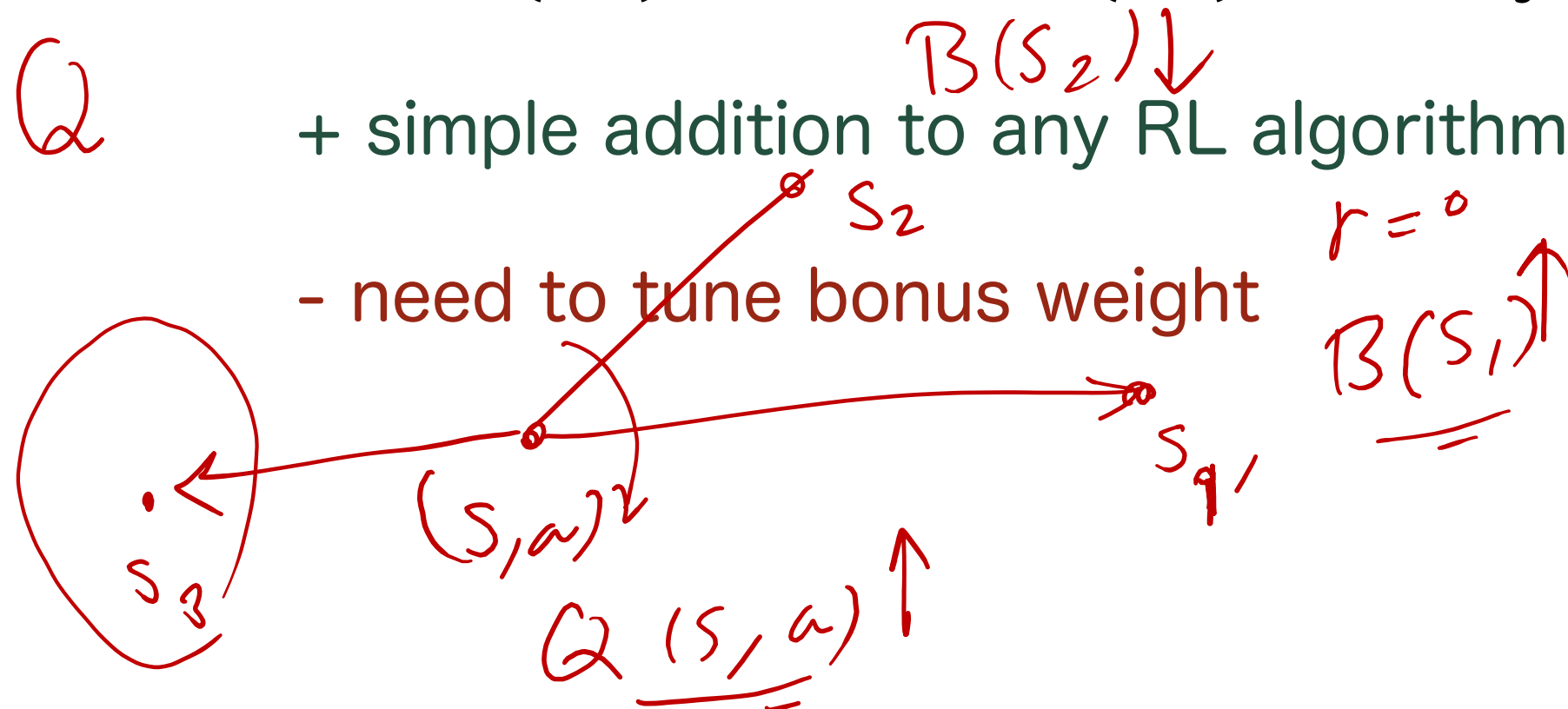
use $r^+(s, a) = \underline{r(s, a)} + \mathcal{B}(N(s))$

Here, B bonus that decreases with $N(s)$

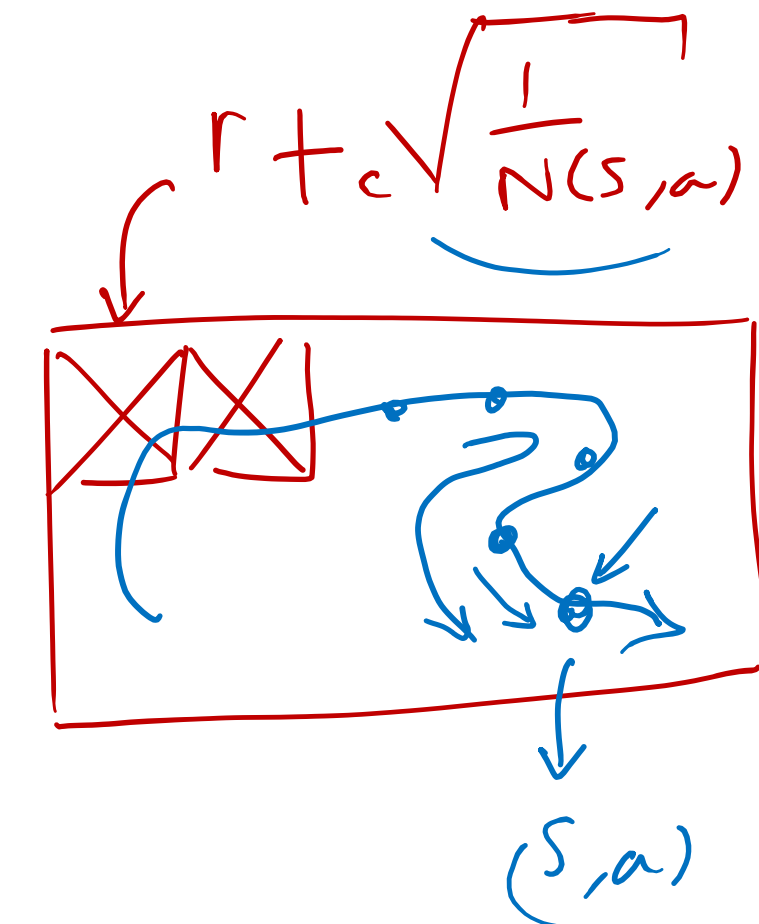
use $r^+(\mathbf{s}, \mathbf{a})$ instead of $r(\mathbf{s}, \mathbf{a})$ with any model-free algorithm

+ simple addition to any RL algorithm

- need to ~~tune~~ bonus weight



Scenario 1



$$Q(s, a) \leftarrow Q(s, a) + \alpha \left[\underbrace{r(s, a)}_{\text{reward}} + \underbrace{\gamma \max_{a'} Q(s', a')}_{\text{max over actions}} \right] + c \sqrt{\frac{1}{N(s, a)}}$$

The trouble with counts

Use $\underline{r^+(s, a)} = \underline{r(s, a)} + \underline{B(N(s))}$

$\hat{Q}(a)$

return

$\frac{\log T}{N(a)+\epsilon}$

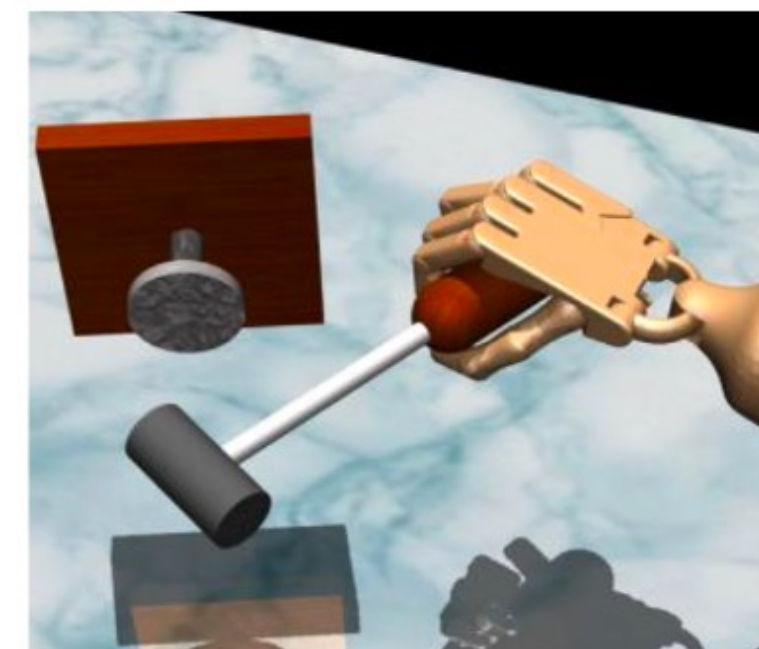
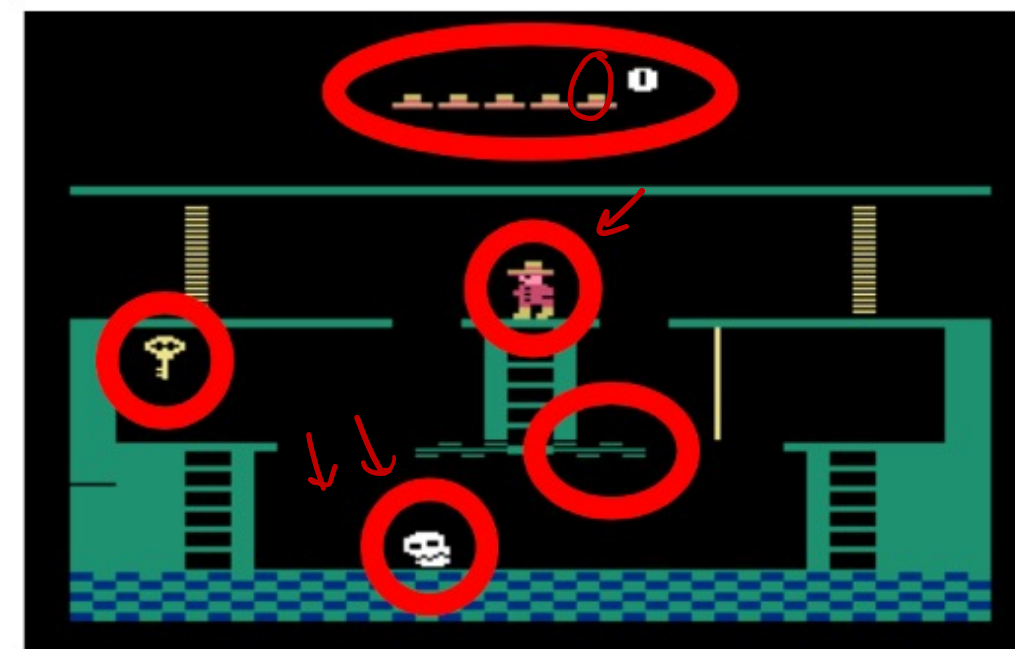
action a was explored

time steps passed

bonus

full: bonus should be added to all states intermediate in the trajectory leading to s, a

But wait... what's a count?



$\sqrt{N(s)}$

times that state s was visited.

Uh oh... we never see the same thing twice!

But some states are more similar than others

$$\hat{Q}(s_{n-1}, a_{n-1}) \leftarrow \hat{Q}(s, a) + \gamma \max_{a_n} \hat{Q}(s_n, a_n)$$

Diagram illustrating the Bellman optimality equation for Q-learning. The equation shows the update of the Q-value for state s_{n-1} and action a_{n-1} based on the current state s and action a . The diagram includes arrows indicating the flow of information and the maximization over actions a_n for the next state s_n .

Fitting generative models

- ♦ idea: fit a density model $p_\theta(s)$ (or $p_\theta(s, a)$)
- ♦ $p_\theta(s)$ might be high even for a new s
- ♦ if s is similar to previously seen states
- ♦ can we use $p_\theta(s)$ to get a pseudo-count?
- ♦ if we have small MDPs after we see s , we have:
 - ✓ the true probability is:

Knowns: P, P'

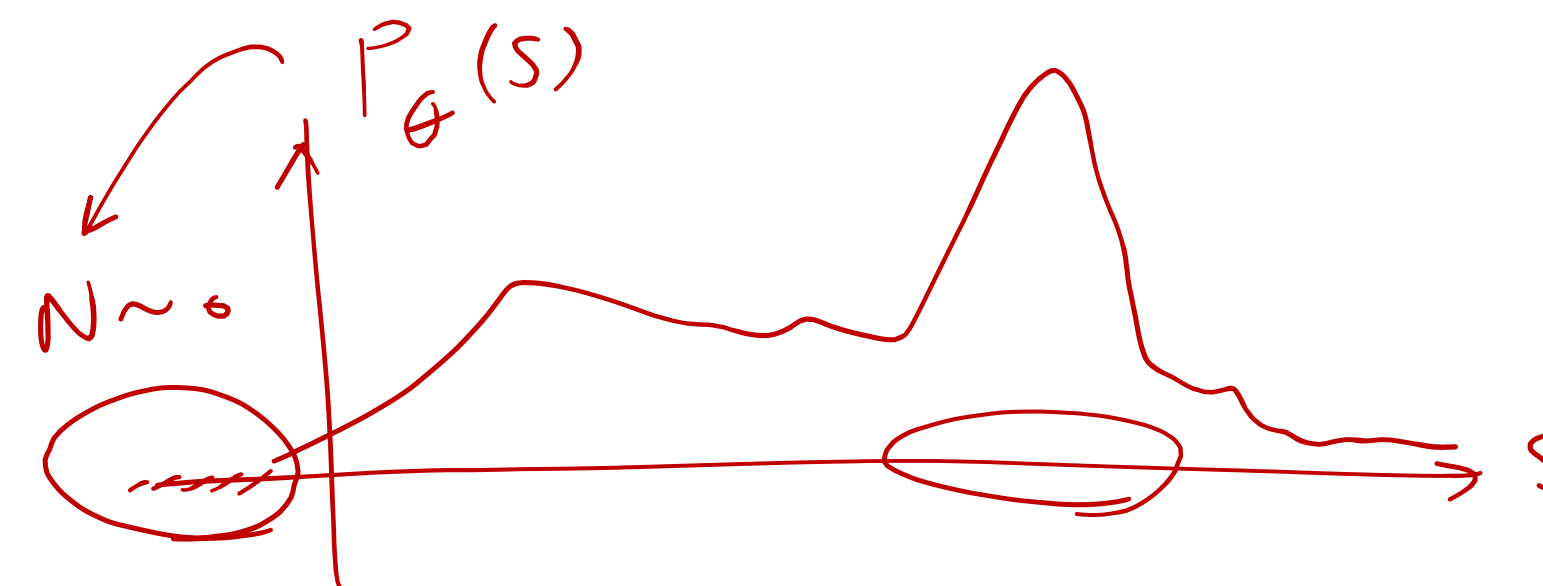
After we see s , we have:

$D = \{s_0, s_1, \dots, s_n\}$

$D \cup \{s\}$

$$P(s) = \frac{N(s)}{n}$$

$$P'(s) = \frac{N(s) + 1}{n + 1}$$



Pseudo-count

$N(s)$

n

$1 \longrightarrow \frac{1}{s}$

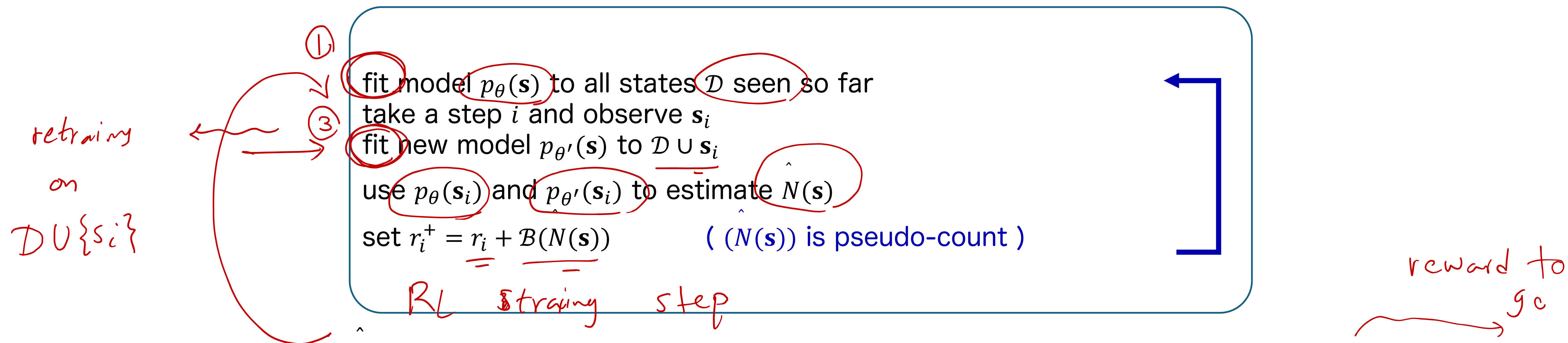
n

$n+1$

RL alg.
 $P(s)$

$P'(s)$
(updated $P(s)$
considering $\{s\}$
added to D)

Exploring with pseudo-counts



♦ how to get $\hat{N}(s)$? use the equations

$$p_\theta(s_i) = \frac{\hat{N}(s_i)}{\hat{n}}$$

$$p_{\theta'}(s_i) = \frac{\hat{N}(s_i) + 1}{\hat{n} + 1}$$

two equations and two unknowns!

$$\hat{N}(s_i) = \hat{n} p_\theta(s_i)$$

$$\hat{n} = \frac{1 - p_{\theta'}(s_i)}{p_{\theta'}(s_i) - p_\theta(s_i)} p_\theta(s_i)$$

$\mathcal{D} = \{s_1, \dots, s_{n-1}\}$

What kind of generative modeling to use?

$$P(s^{(i)} | s^{(1)} \dots s^{(i-1)}) := P(s^{(i)} | \text{neighbors of } s^{(i)})$$

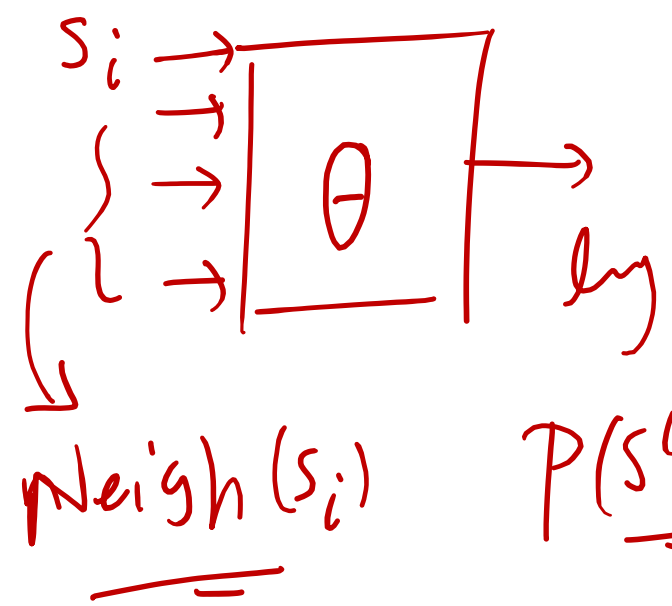
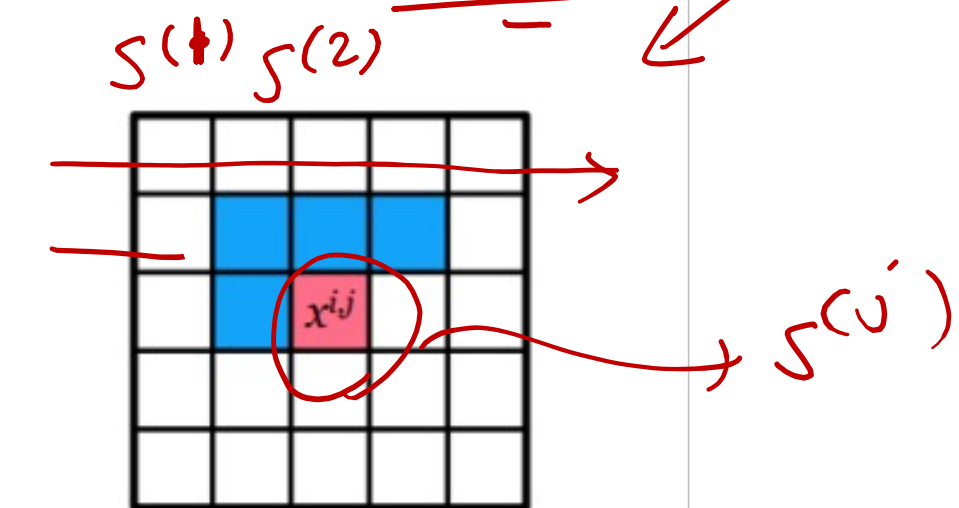
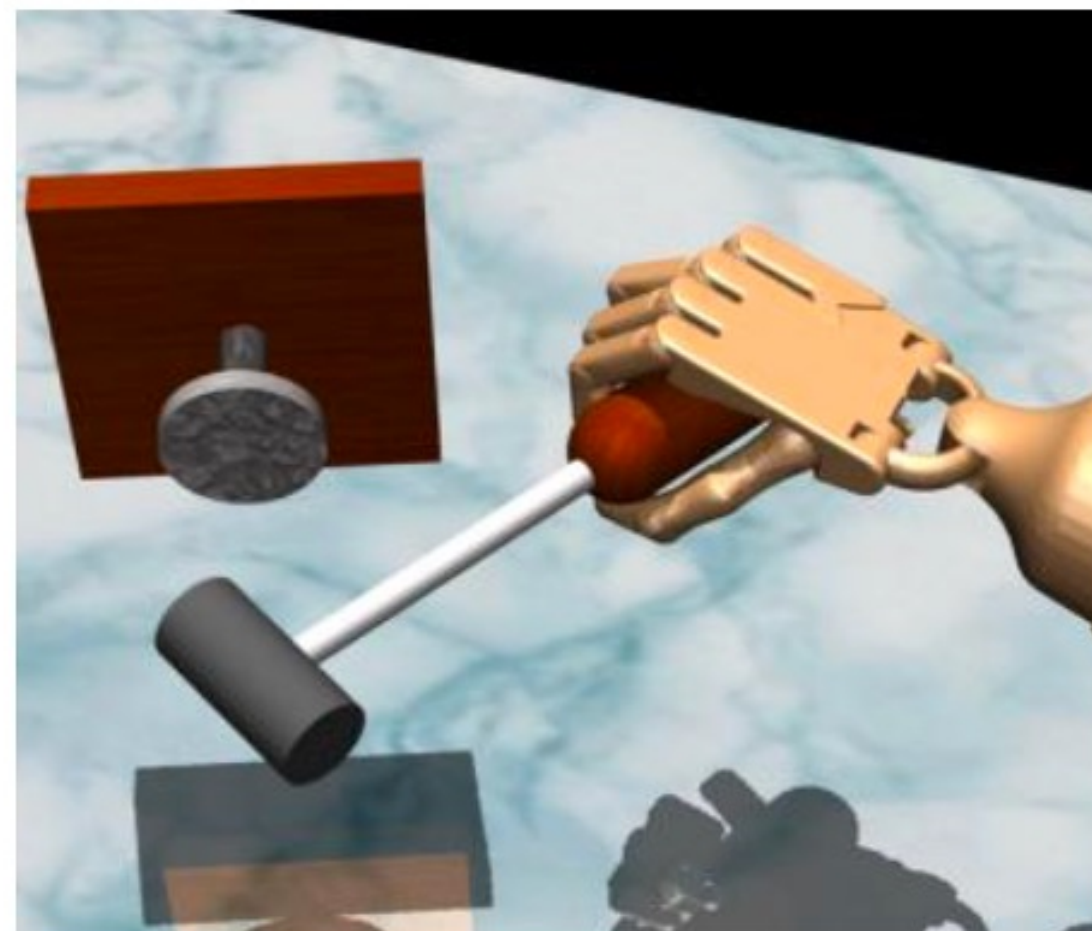
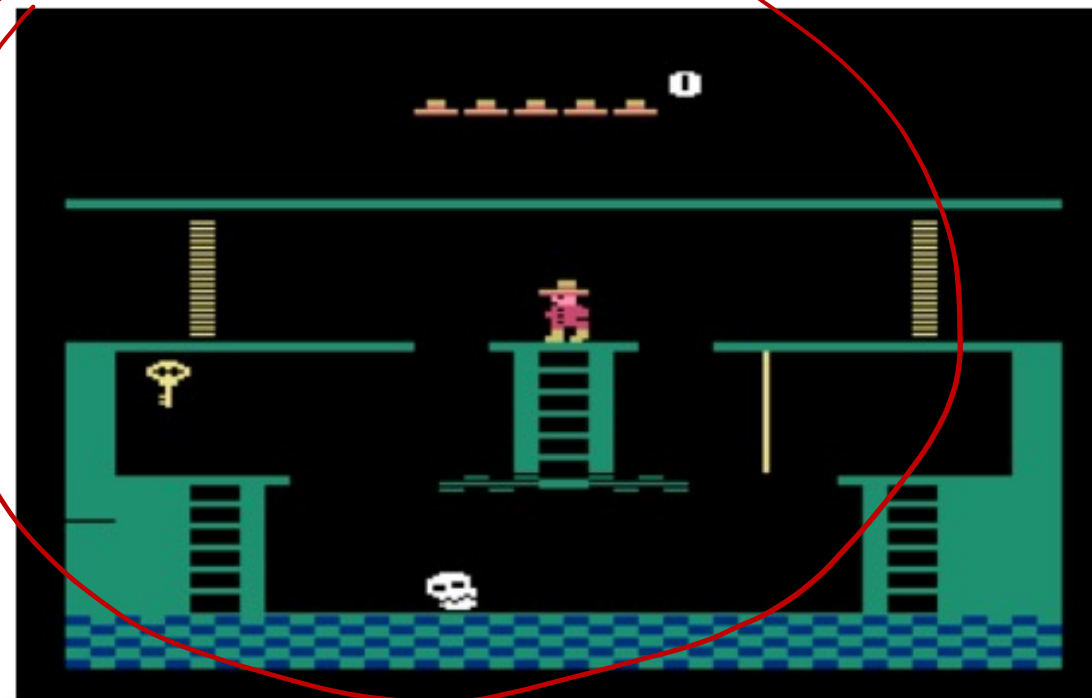
$$p_{\theta}(s)$$

need to be able to output densities, but doesn't necessarily need to produce great samples

opposite considerations from many popular generative models in the literature (e.g., GANs)

→ Bellemare et al.: "CTS" model: condition each pixel on its top-left neighborhood

Other models: stochastic neural networks, compression length, EX2



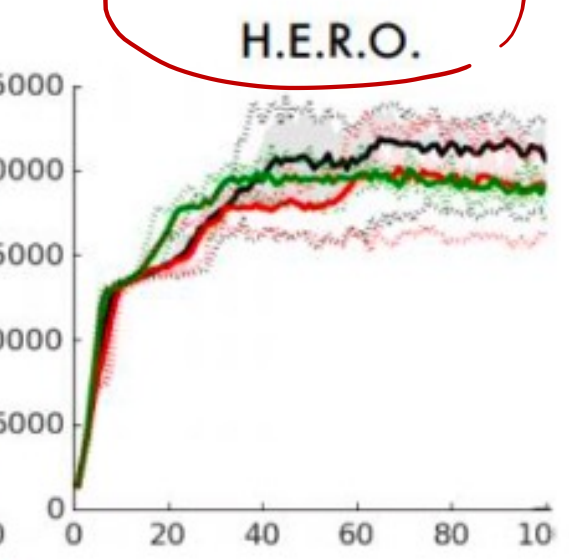
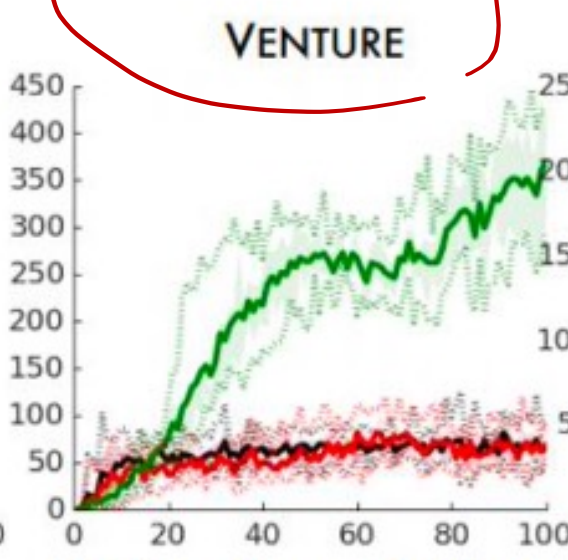
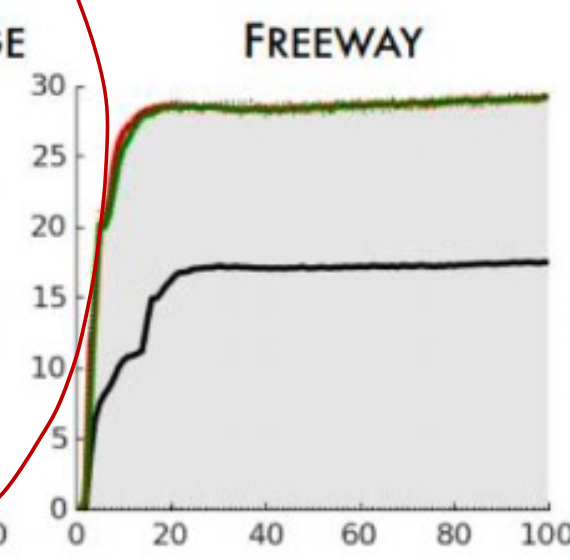
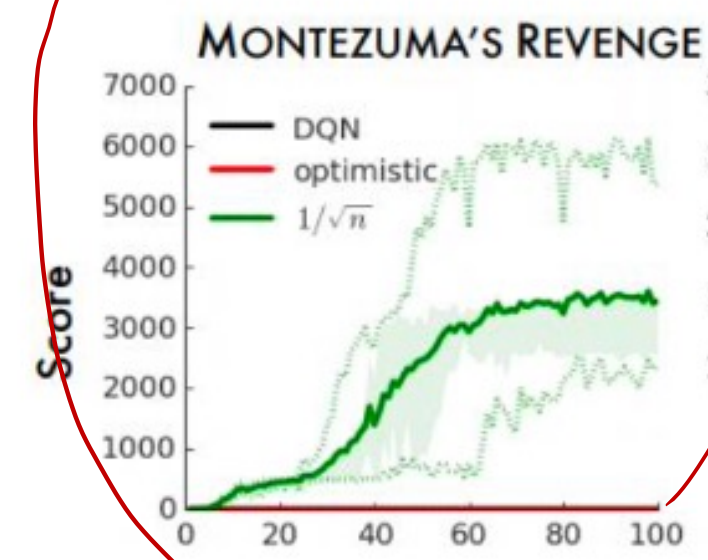
elements of s .

$$s = (s^{(1)} \dots s^{(d)})$$

log

$$P(s^{(1)} \dots s^{(d)}) = \log P_{\theta}(s^{(1)}) + \log P_{\theta}(s^{(2)} | s^{(1)}) + \log P_{\theta}(s^{(3)} | s^{(2)}, s^{(1)}) \dots$$

Does it work?



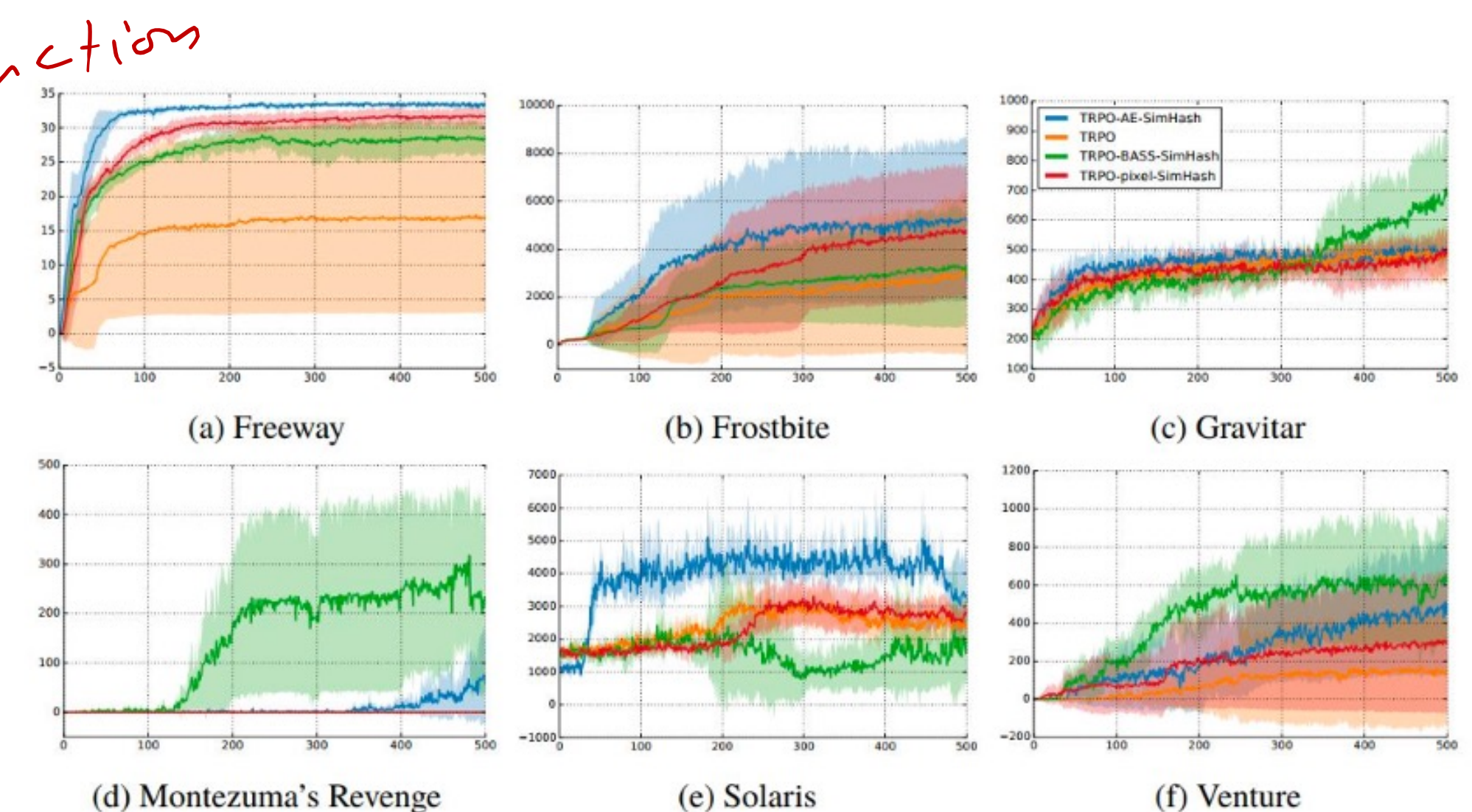
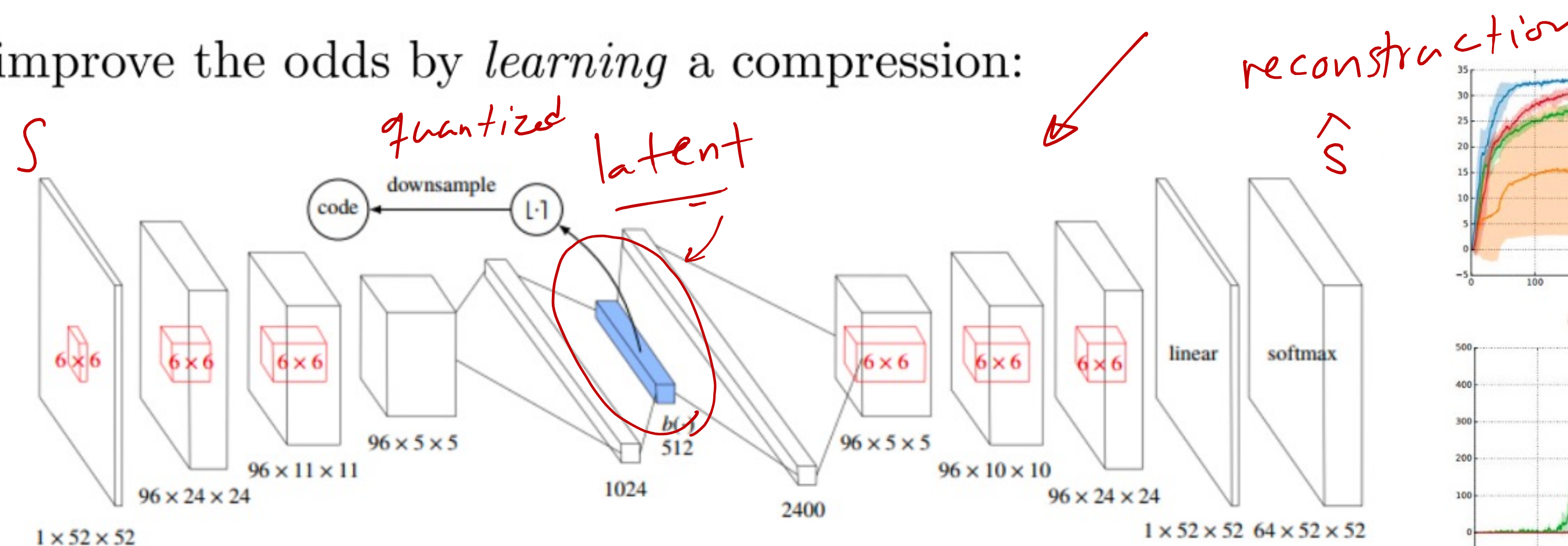
Bellemare et al. "Unifying Count-Based Exploration..."

Counting with hashes

What if we still count states, but in a different space?

- ♦ idea: compress s into a k – bit code via $\phi(s)$, then count $N(\phi(s))$
- ♦ shorter codes = more hash collisions
- ♦ similar states get the same hash? maybe

improve the odds by *learning* a compression:

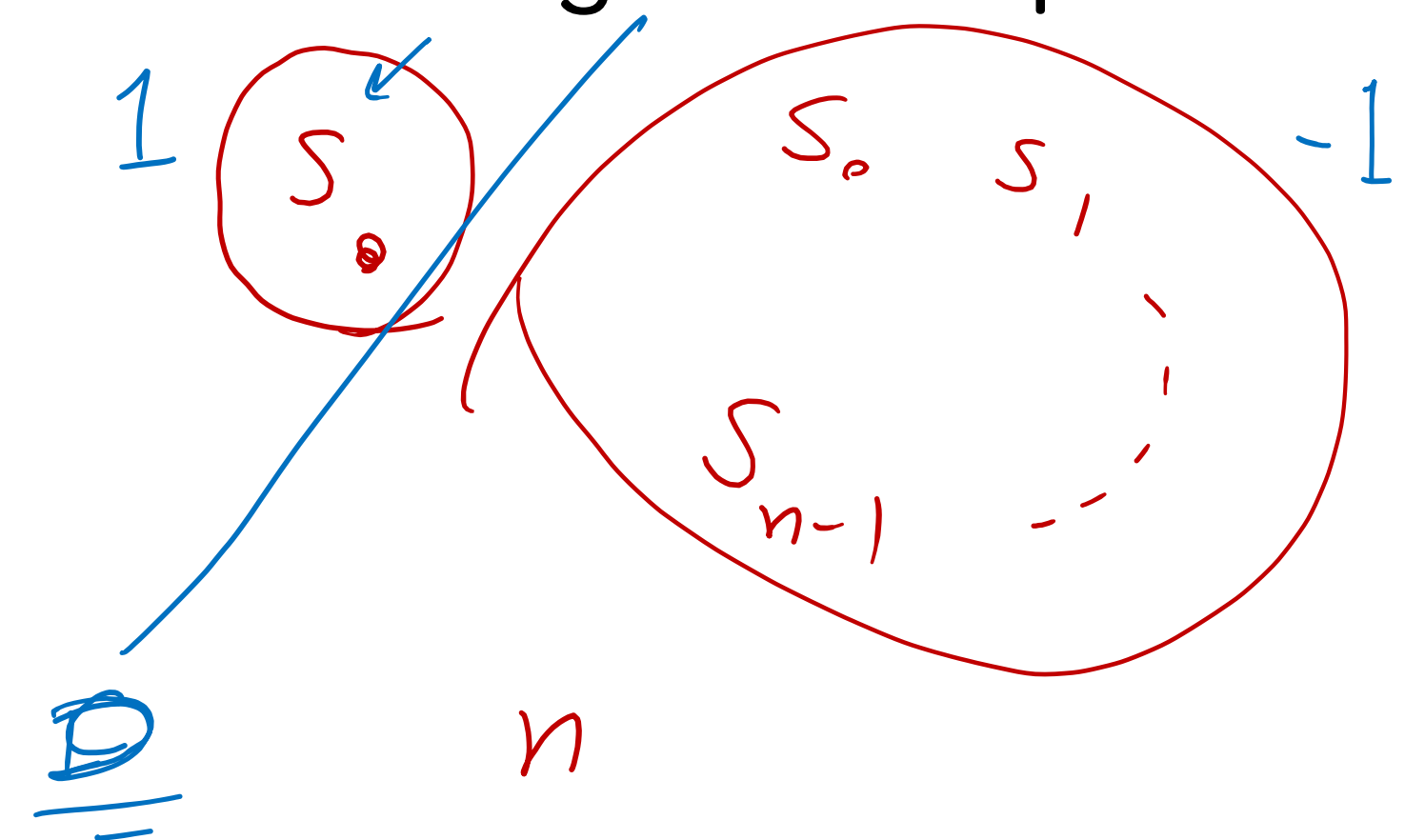


Tang et al. “#Exploration: A Study of Count-Based Exploration”

Implicit density modeling with exemplar models

- ♦ $p_\theta(\mathbf{s})$ need to be able to output densities, but doesn't necessarily need to produce great samples
- ♦ Can we explicitly compare the new state to past states?
- ♦ Intuition: the state is novel if it is easy to distinguish from all previous seen states by a classifier
- ♦ for each observed state $\mathbf{s}$, fit a classifier to classify that state against all past states $\mathcal{D}$, use classifier error to obtain density

$$p_\theta(\mathbf{s}) = \frac{1 - D_{\mathbf{s}}(\mathbf{s})}{D_{\mathbf{s}}(\mathbf{s})}$$



Implicit density modeling with exemplar models (Cont.)

$$D_{x^*} = \operatorname{argmax}_{D \in \mathcal{D}} \left(E_{\delta_{x^*}}[\log D(x)] + E_{P_x}[\log(1 - D(x))] \right). \quad (1) \rightarrow \frac{\partial L}{\partial D_{x^*}}$$

previous states

Proposition 1. (Optimal Discriminator) For a discrete distribution $P_x(x)$, the optimal discriminator D_{x^*} for exemplar x^* satisfies

$$D_{x^*}(x) = \frac{\delta_{x^*}(x)}{\delta_{x^*}(x) + P_x(x)} \text{ and } D_{x^*}(x^*) = \frac{1}{1 + P_x(x^*)}.$$

Proof. The proof is obtained by taking the derivative of the loss in Eq. (1) with respect to $D(x)$, setting it to zero, and solving for $D(x)$.

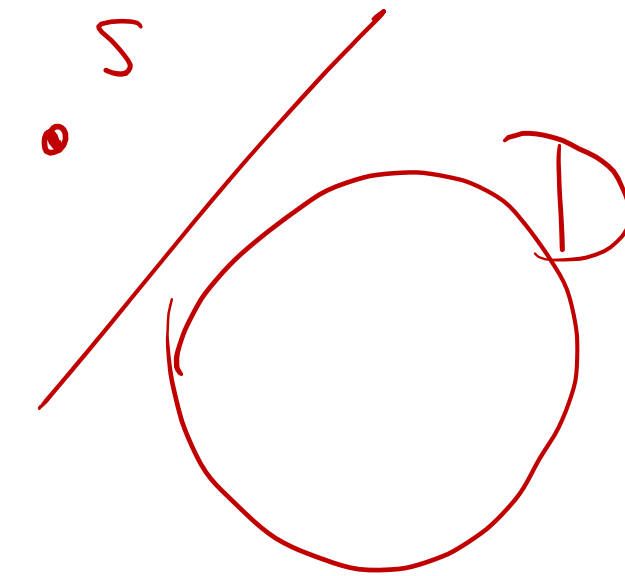
$$\frac{1}{D(x^*)} \cdot 1 - \frac{1}{1 - D(x^*)} \cdot P(x^*) = 0$$

Implicit density modeling with exemplar models (Cont.)

hang on... aren't we just checking if $s = s$?
if $s \in \mathcal{D}$, then the optimal $D_s(s) \neq 1$
in fact:

$$D_s^*(s) = \frac{1}{1+p(s)} \Rightarrow p_\theta(s) = \frac{1-D_s(s)}{D_s(s)}$$

in reality, each state is unique, so we regularize the classifier
isn't one classifier per state a bit much?



train one *amortized* model: single network that takes in exemplar as input!

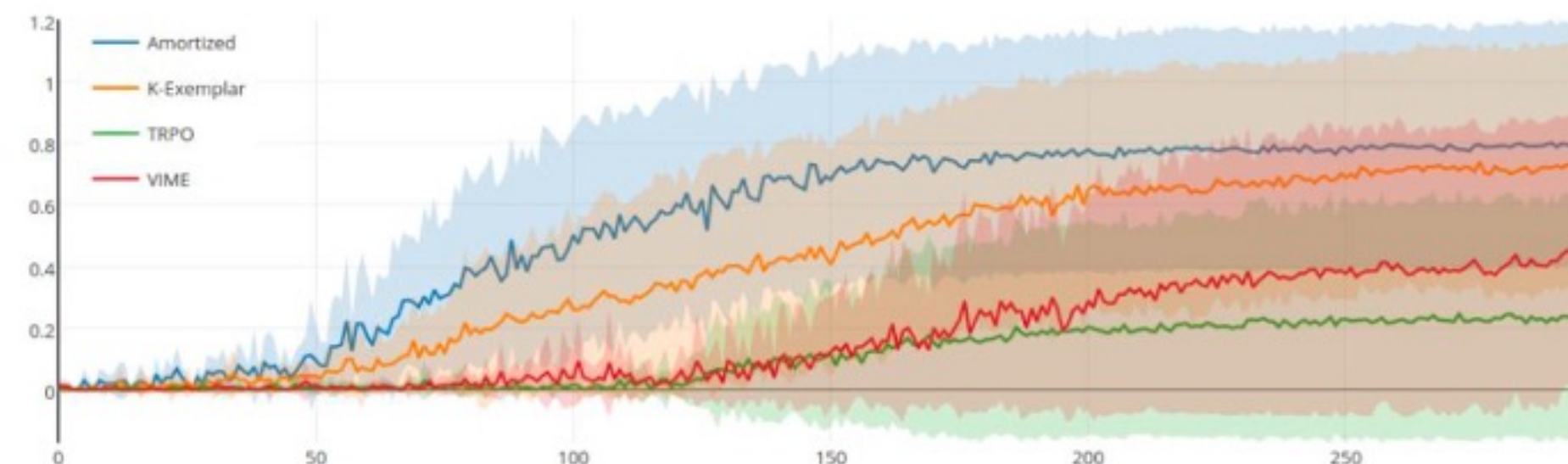
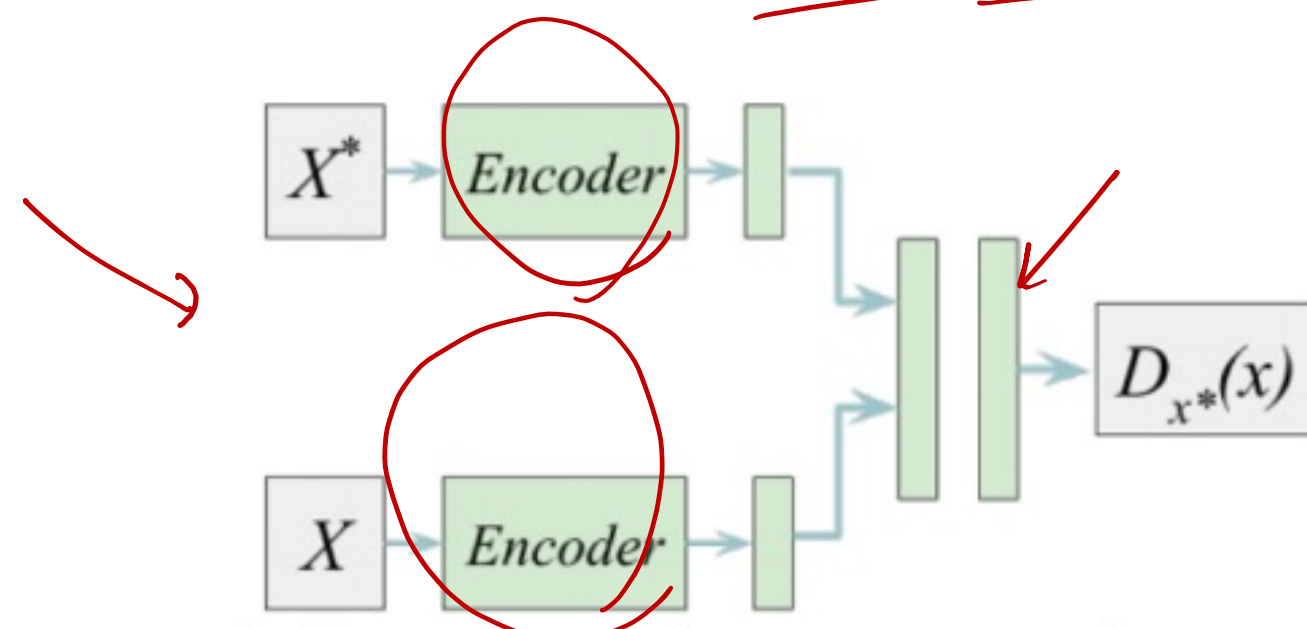


Figure 9: DoomMyWayHome+

Fu et al. "EX2: Exploration with Exemplar Models..."

Heuristic estimation of counts via errors

$p_\theta(\mathbf{s})$, need to be able to output densities, but doesn't necessarily need to produce great samples

...and doesn't even need to output great densities

...just need to tell if state is novel or not!

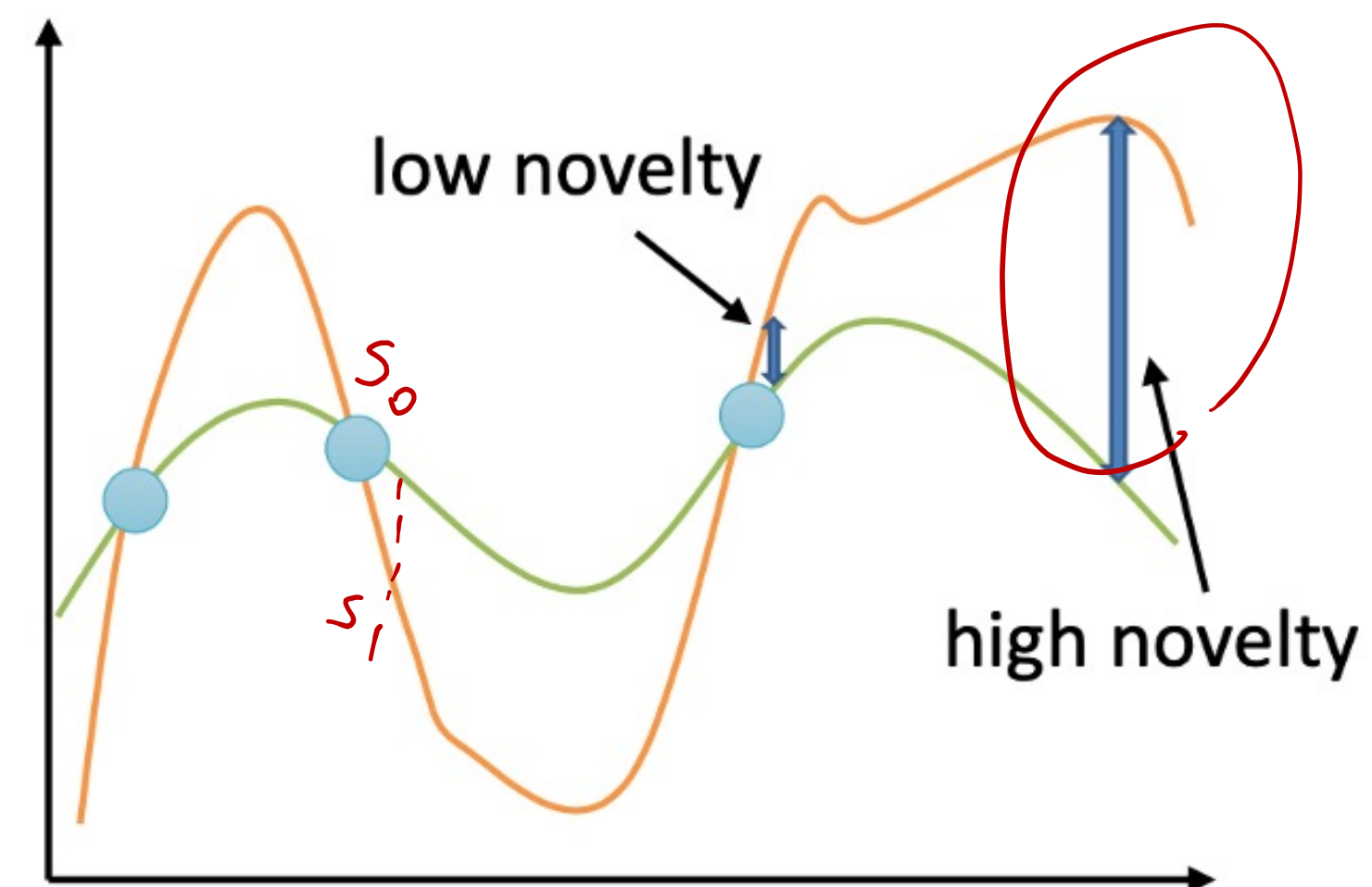
$$P(Q) \stackrel{R.V.}{=} \sum_{i=1}^K \delta(Q - Q_i)$$

$$\neq P(Q_1, \dots, Q_K)$$

let's say we have some **target** function $f^*(\mathbf{s}, \mathbf{a})$

given our buffer $D = \{(\mathbf{s}_i, \mathbf{a}_i)\}$, fit $\hat{f}_\theta(\mathbf{s}, \mathbf{a})$ NN

use $\mathcal{E}(\mathbf{s}, \mathbf{a}) = \|\hat{f}_\theta(\mathbf{s}, \mathbf{a}) - f^*(\mathbf{s}, \mathbf{a})\|^2$ as bonus



$$\bar{r} = r + \mathcal{B}(\mathbf{s}, \mathbf{a})$$

Heuristic estimation of counts via errors (Cont.)

- ♦ what should we use for $f^*(\mathbf{s}, \mathbf{a})$?
- ♦ one common choice: set $f^*(\mathbf{s}, \mathbf{a}) = \underline{\mathbf{s}'}$ - i.e., next state prediction
- ♦ even simpler: $f^*(\mathbf{s}, \mathbf{a}) = \underline{f_\phi(\mathbf{s}, \mathbf{a})}$, where $\underline{\phi}$ is a random parameter vector

Posterior sampling in deep RL

Thompson sampling:

$$\theta_1, \dots, \theta_n \sim \hat{p}(\theta_1, \dots, \theta_n)$$

What do we sample?

$$a = \operatorname{argmax}_a E_{\theta_a}[r(a)]$$

How do we represent the distribution?

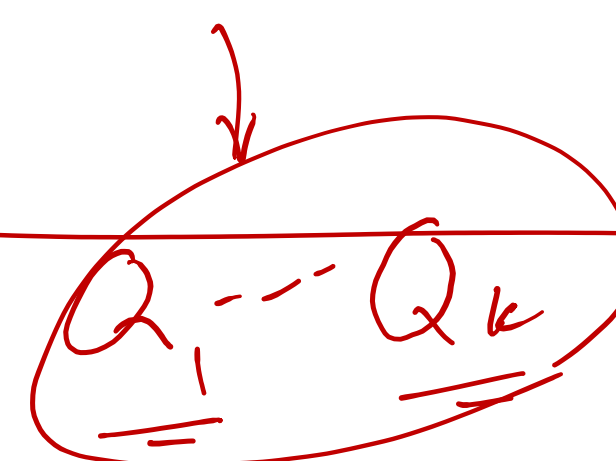
Bandit

bandit setting: $\hat{p}(\theta_1, \dots, \theta_n)$ is distribution over rewards

MDP analog is the Q -function!

1. sample Q -function Q from $p(Q)$
2. act according to Q for one episode
3. update $p(Q)$

since Q -learning is off-policy, we don't care which Q -function was used to collect data



full RL

how can we represent a distribution over functions?

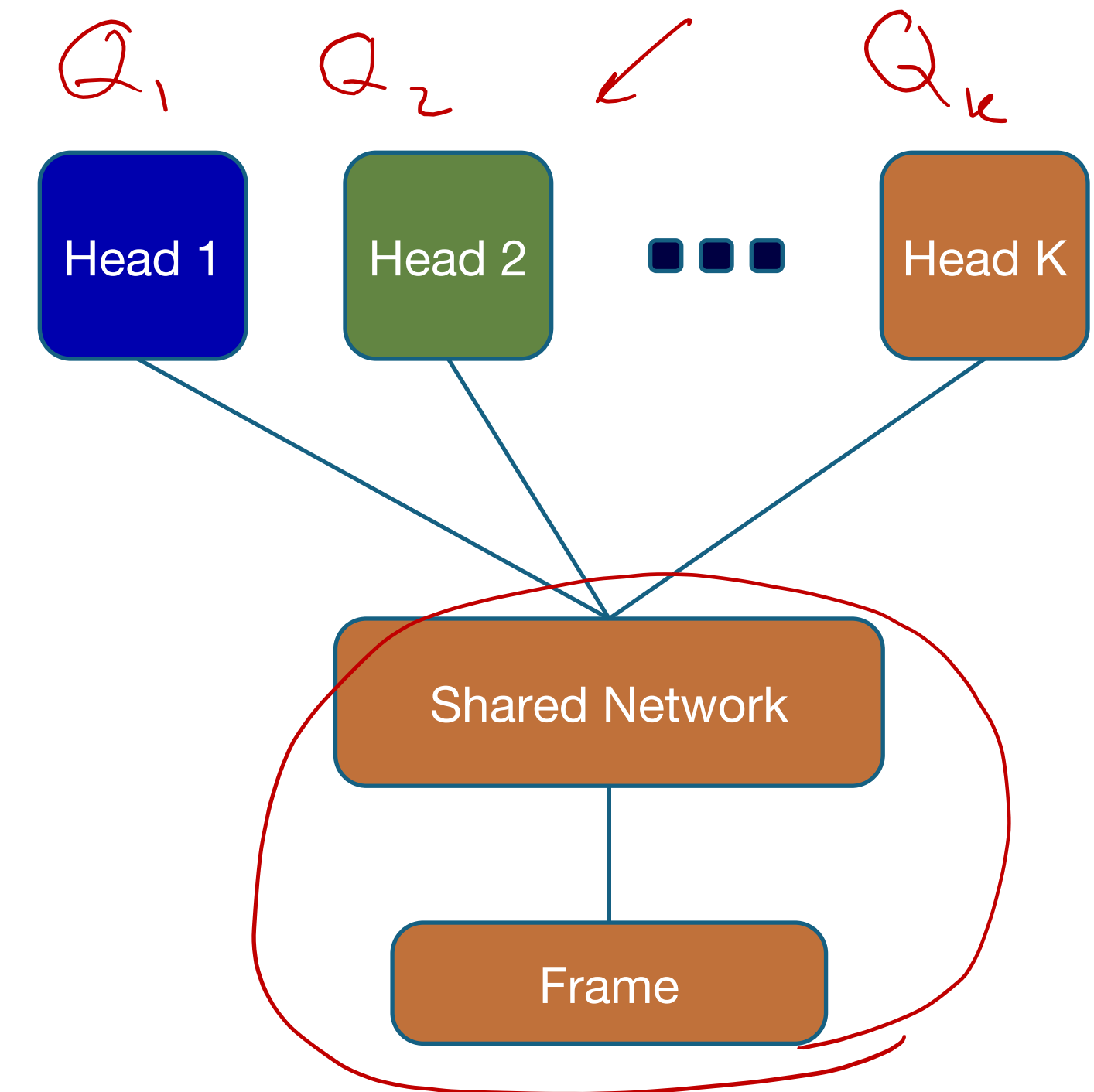
Bootstrap

given a dataset $\mathcal{D}$, resample with replacement N times to get $\mathcal{D}_1, \dots, \mathcal{D}_N$

train each model f_{θ_i} on $\mathcal{D}_i$

to sample from $p(\theta)$, sample $i \in [1, \dots, N]$ and use f_{θ_i}

training N big neural nets is expensive, can we avoid it?



Bootstrap (Cont.)

Bootstrapped DQN

1. **Input**: Value function networks Q with K outputs $\{Q_k\}_{k=1}^K$. Masking distribution M .

2. Let B be a replay buffer storing experience for training.

s, a, s', r, tag
 $1 \leq \text{tag} \leq K$

3. **for** each episode do

4. Obtain initial state from environment s_0

5. Pick a value function to act using $k \sim \text{Uniform}\{1, \dots, K\}$

6. **for** step $t = 1, \dots$ until end of episode do

fixed in episode k

7. Pick an action according to $\underline{a_t} \in \text{argmax}_a \underline{Q_k(s_t, a)}$

8. Receive state $\underline{s_{t+1}}$ and reward $\underline{r_t}$ from environment, having taking action a_t

9. Sample bootstrap mask $m_t \sim M$

10. Add $(\underline{s_t}, \underline{a_t}, \underline{r_{t+1}}, \underline{s_{t+1}}, \underline{m_t})$ to replay buffer B

a minibatch of samples
on samples with $\underline{m=k}$

11. **end for**

12. **end for**

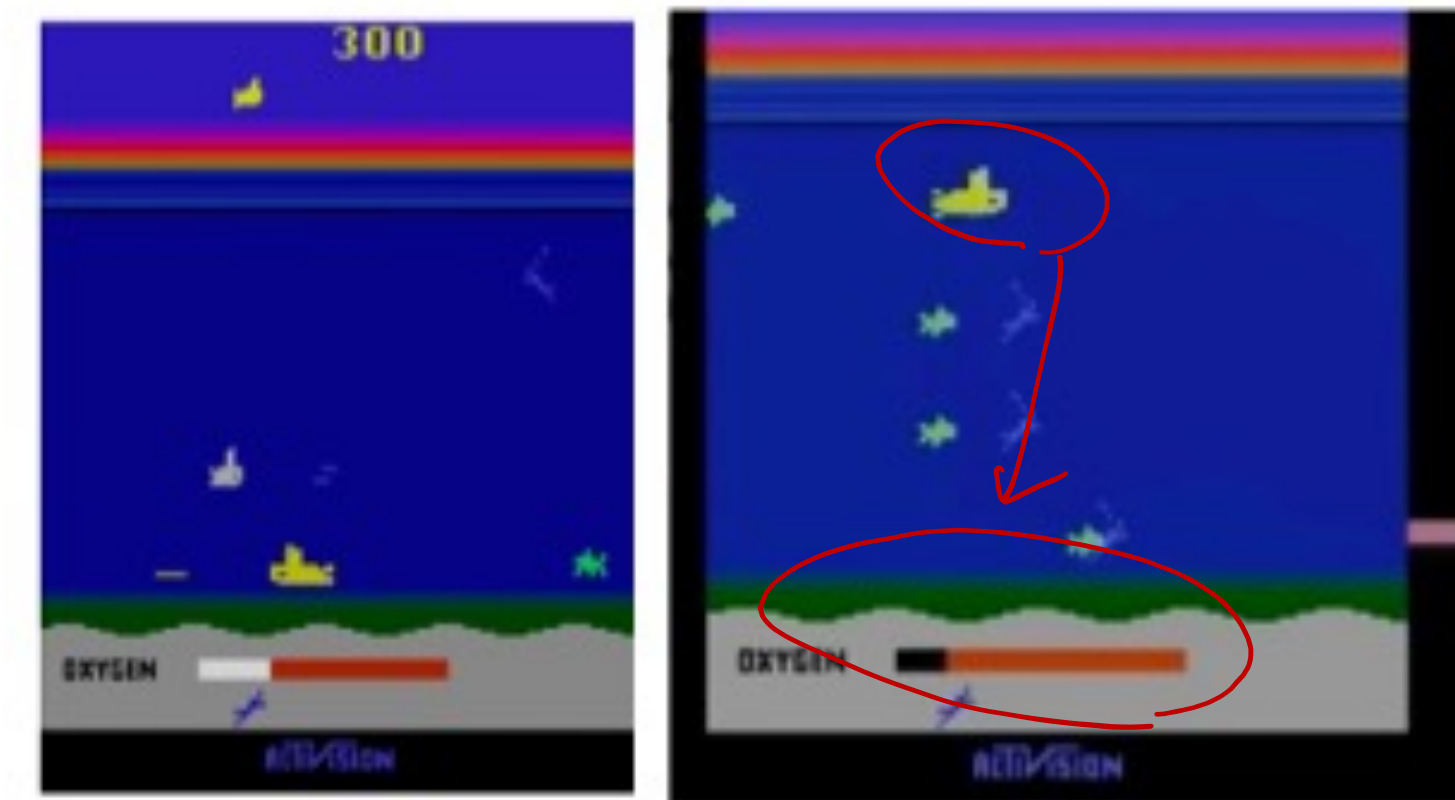
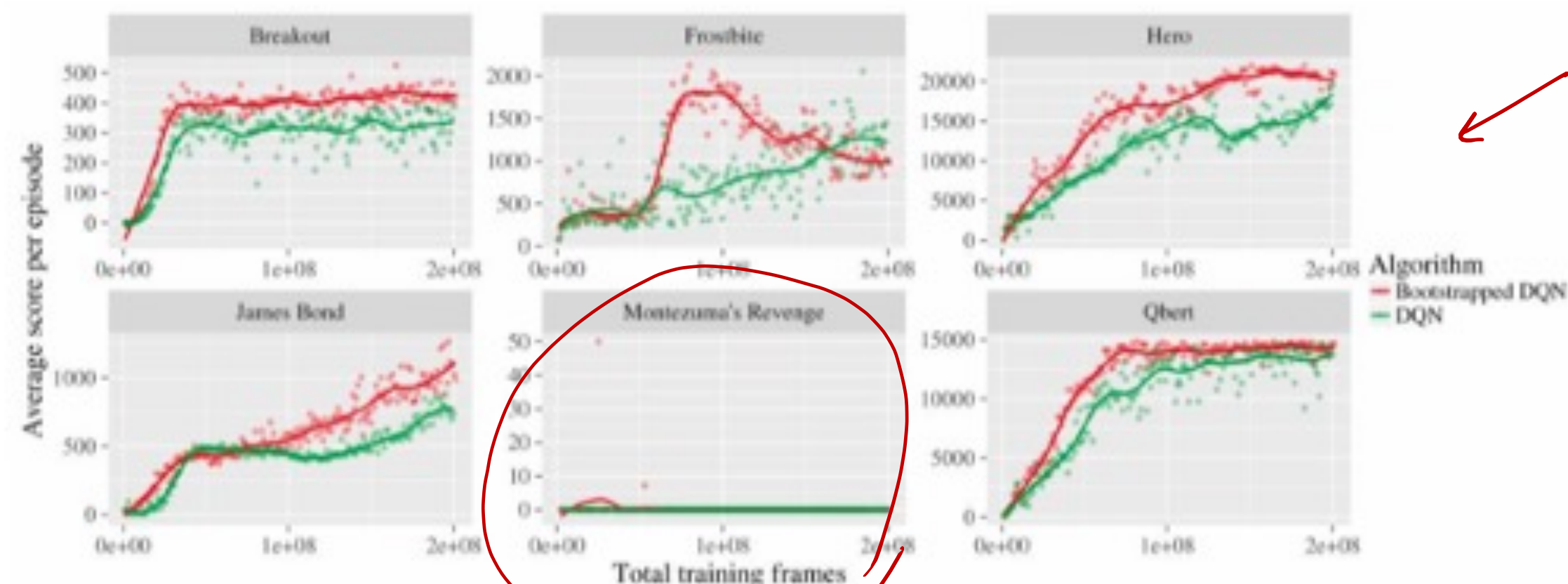
train Q_k based

Why does this work?

- ♦ Exploring with random actions (e.g., epsilon-greedy): oscillate back and forth, might not go to a coherent or interesting place
- ♦ Exploring with random Q-functions: commit to a randomized but internally **consistent** strategy for an entire episode

+ no change to original reward function
- very good bonuses often do better

ϵ -greedy on Q-learning



Osband et al. "Deep Exploration via Bootstrapped DQN"

Go-Explore Method

First return, then explore

Adrien Ecoffet^{*1}, Joost Huizinga^{*1}, Joel Lehman¹, Kenneth O. Stanley¹ & Jeff Clune^{1,2}

¹Uber AI, San Francisco, CA, USA

²OpenAI, San Francisco, CA, USA (work done at Uber AI)

* These authors contributed equally to this work

IJ 16 Sep 2021

Authors' note: This is the pre-print version of this work. You most likely want the updated, published version, which can be found as an unformatted PDF at <https://adrien.ecoffet.com/files/go-explore-nature.pdf> or as a formatted web-only document at <https://tinyurl.com/Go-Explore-Nature>.

Please cite as:

Ecoffet, A., Huizinga, J., Lehman, J., Stanley, K.O. and Clune, J. First return, then explore. *Nature* **590**, 580–586 (2021). <https://doi.org/10.1038/s41586-020-03157-9>

Go-Explore Method (Cont.)

- ♦ Sparse Rewards: Requires a **lot** of exploration;
 - ☑ e.g. task: reaching coffee machine.
 - ☑ define reward as **whether or not** the machine has been reached.
- ♦ Dense Rewards:
 - ☑ e.g. define reward as the inverse Euclidean distance to the machine.
 - ☑ **Deceptive**
 - ☑ **Reward Hacking**

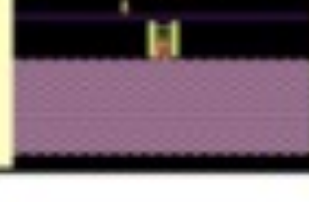
Solving two major issues

♦ Solves two issue:

- ☑ **Detachment:** the algorithm **loses track** of previously **seen** and **promising** states
- ☑ **Derailment:** **exploratory** mechanisms of the policy prevents it from reaching **previously visited** states

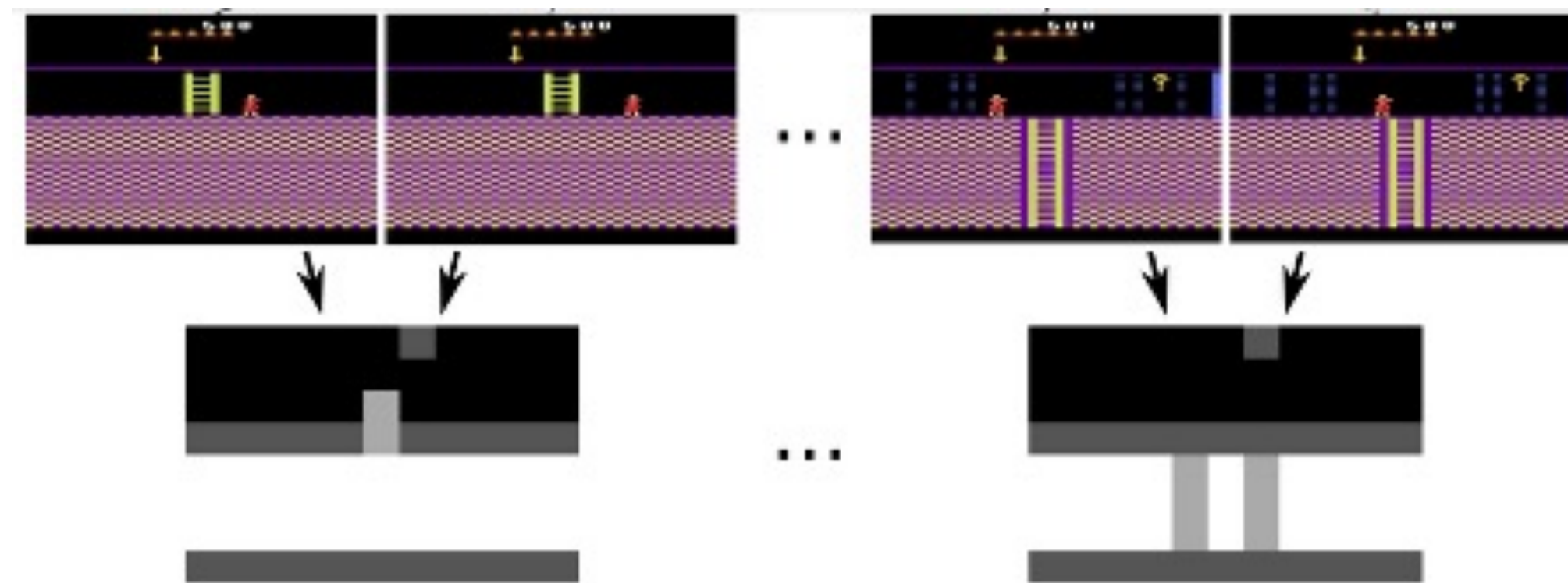
State Archive

- ♦ Builds an **archive** of the different states visited in the environment.
- ♦ **Probabilistically** selects a state to return to from the **archive**.
- ♦ Goes back (i.e. returns) to that state, **then explores** from that state.
- ♦ Updates the archive with **all novel states** encountered

State	Cell	Score	Visits	...	Prob:
		0	108	...	3%
		500	7	...	27%
...					...

How to build archive

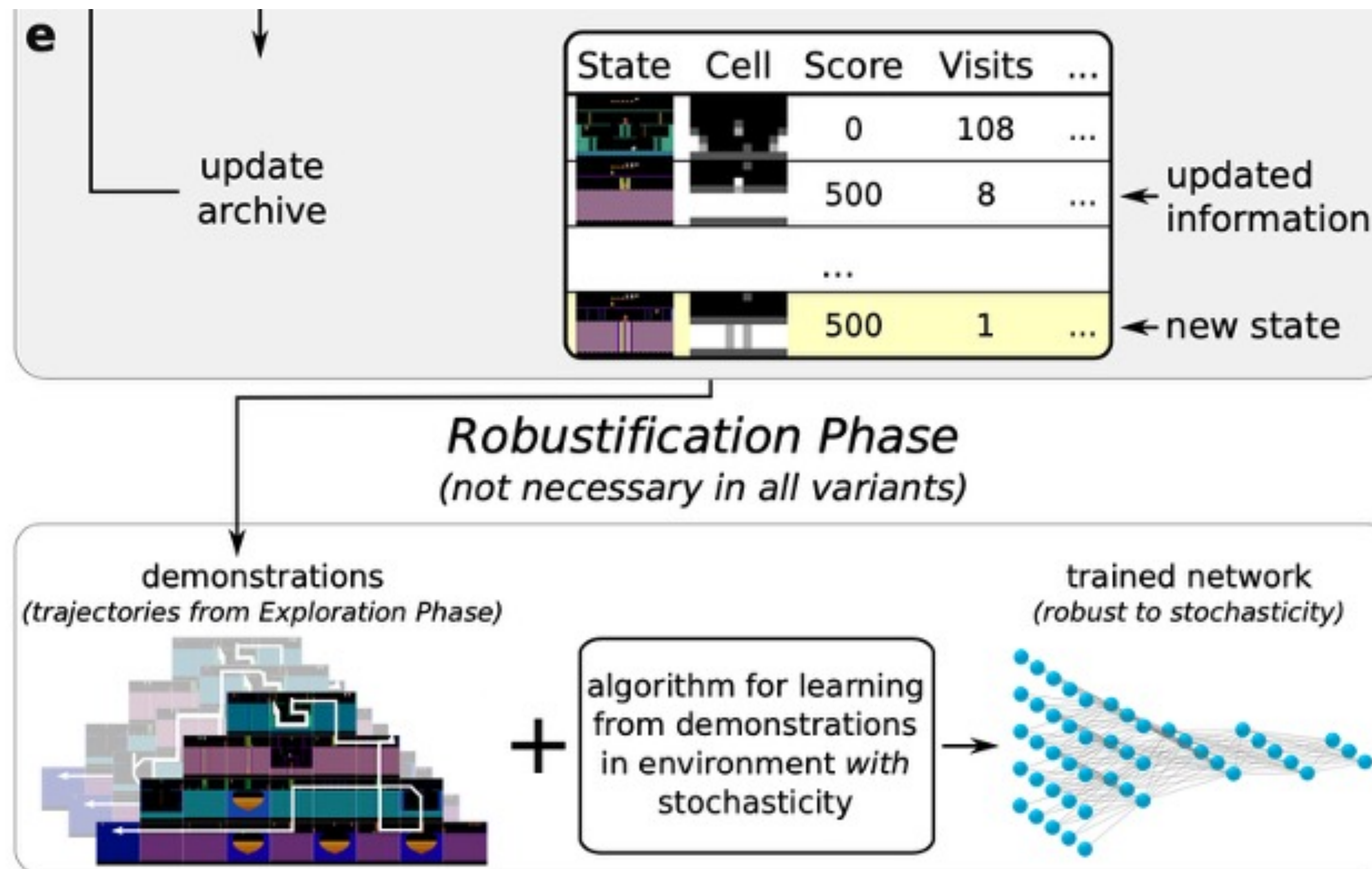
- ♦ Non-trivial environments have **too many** states to store explicitly.
- ♦ Similar states are **grouped** into **cells**.
- ♦ States are only considered **novel** if they are in a cell that does **not yet exist** in the archive.
- ♦ To maximize performance, if a state maps to an already known cell, but is associated with a **better trajectory**, that state and its associated trajectory will **replace** the state and trajectory currently associated with that cell.



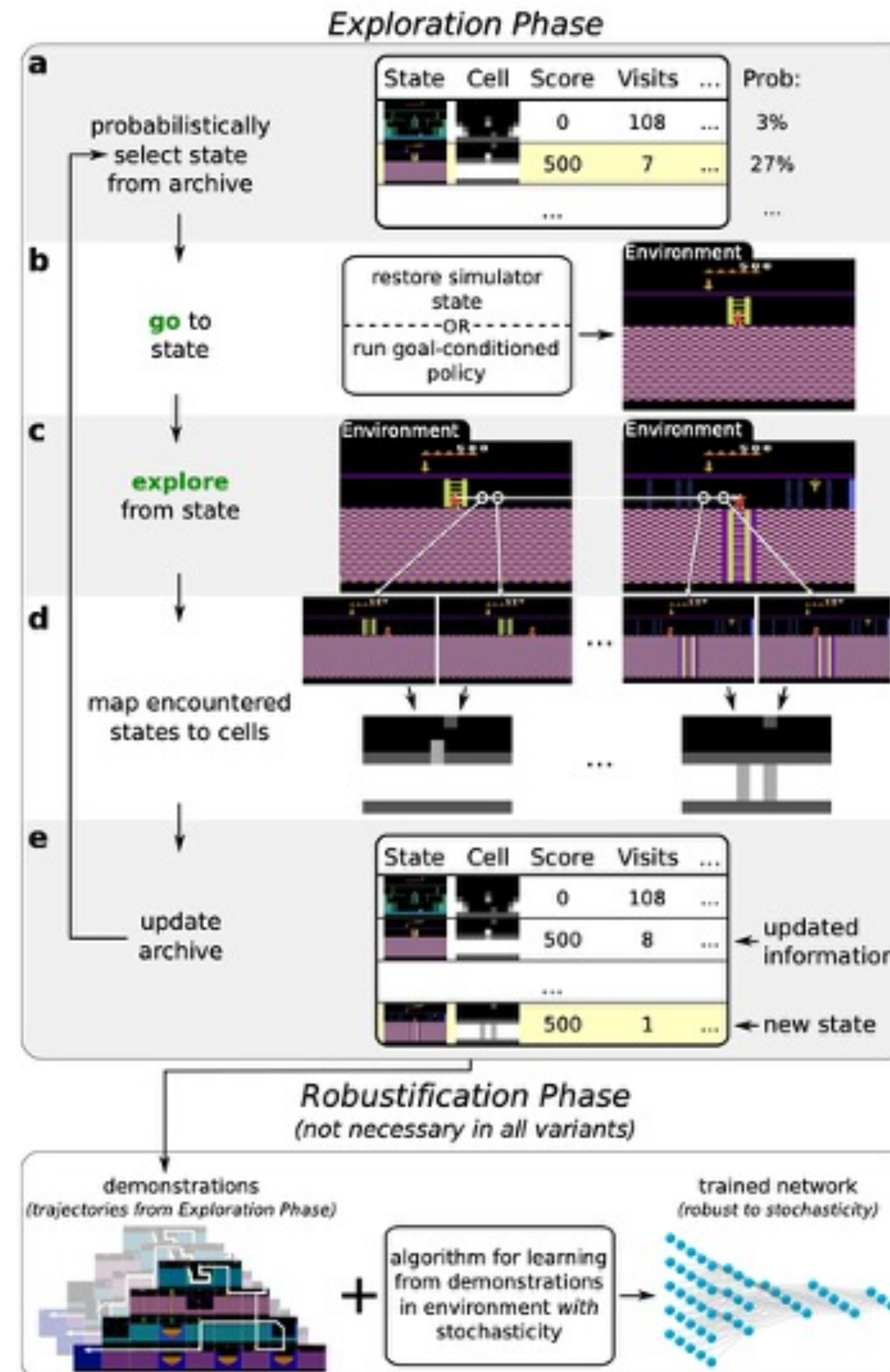
How to return to a state?

- ♦ The **inner state** of any simulator can be **saved** and **restored** at a later time, making it possible to **instantly return** to a **previously seen state**.
- ♦ Else, one can train a **goal-conditioned** policy for this purpose.
- ♦ However, returning without a policy also means that this exploration process, which we call the exploration phase, does **not** produce a policy **robust** to the **inherent stochasticity** of the real world.
- ♦ After the exploration phase is complete, these trajectories make it possible to train a **robust** and **high-performing** policy by **Learning from Demonstrations (LfD)**.

How to return to a state? (Cont.)



All in one view



Results

Game	Exploration Phase	Robustification Phase	SOTA	Avg. Human
Berzerk	131,216	197,376	1,383	2,630
Bowling	247	260	69	160
Centipede	613,815	1,422,628	10,166	12,017
Freeway	34	34	34	30
Gravitar	13,385	7,588	3,906	3,351
MontezumaRevenge	24,758	43,791	11,618	4,753
Pitfall	6,945	6,954	0	6,463
PrivateEye	60,529	95,756	26,364	69,571
Skiing	-4,242	-3,660	-10,386	-4,336
Solaris	20,306	19,671	3,282	12,326
Venture	3,074	2,281	1,916	1,187

Results (Cont.)

